

CHANGE

Part 1: It's All In Your Head

You can't change anything until you first make up your mind.

Romans 12

¹ Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

Living Sacrifice: daily submitting your life to God

Holy & Pleasing: God is the one you seek to please

Proper Worship: How you live matters more than what you sing.

² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Do Not Conform

If you want a different kind of life, you must live differently.

Be Transformed

If you are not changing, you are not following Jesus.

Renew Your Mind

What goes in determines how you think and how you live.

1. Read and apply scripture daily. [Hebrews 4:12]

2. Guard your mind.

Application:

How to Read the Bible: www.cornerstonecc.church/read-the-bible/

Bible Read Plans: www.bible.com/reading-plans

Group Guide

Introduction

Everyone wants to change something in their life. But we often struggle to follow through. In this series, we will discover that there are a few obstacles to lasting change. The first major obstacle is our mind. The first step to change is to change your mind.

Discussion

Do you have a New Year's resolution? If so, what is it?

What is your plan to accomplish your resolution?

Read Romans 12:1

What does it mean to be a living sacrifice to God?

How can we be holy and pleasing to God?

What is worship and why is it so often misunderstood?

Read Romans 12:2

In what ways do we most often conform to the patterns of the world?

What needs to change/be transformed most in your life?

How can we renew and guard our minds?

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